

Orange Grove Horse & Pony Club News



DATE: May 2023

By: Sarah Little

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Welcome to Orange Grove Horse & Pony Club!

Welcome!

What a wet and wild May rally we had! Well done to all riders, parents and coaches for braving the weather, we all still managed to have fun with our ponies. We were treated to a lunch time talk and interactive demonstration by Isabella Calvert from Back in Motion. We learnt how to look after both ourselves and our horses as athletes, in terms of muscle development, strength, fitness, pilates and physio. All riders took away some fantastic advice and exercises to try, both in and out of the saddle! 😊



Achievements + Out & About

Achievements! ★

Congratulations to:

- Harpa Byrne for working beautifully in your flatwork lesson and encouraging your other group members. Well done!
- Olivia Stephens for working beautifully in your flatwork lesson and encouraging your other group members. Well done!
- Ava Stephens for working beautifully in your flatwork lesson and encouraging your other group members. Well done!
- Mia Stephens for working beautifully in your flatwork lesson and encouraging your other group members. Well done!
- Morgan Falls for getting back on your pony after falling and hitting the jump at the May Rally.

Well done to all riders 😊

Right: Shannon and Ticket at Murray CCN where they finished 3rd on their dressage score.



Above: Nieve on her new pony Tia being led by Mum Tina, with Tatum and Coltan on Crystal, out for a family bush walk.



Above: Camden and Honey Smack at the Gosnells Show Jumping and Dressage Day.



Out & About



Above: Suné and Mickey at Murray CCN.
Right: Morgan and Popstar at Gosnells.
Below: Shannon and Ticket at Murray CCN.



Above: Morgan and Popstar at Gosnells Show Jumping and Dressage Day.



Above: Sarah and Jack at Wanneroo HPC Combined Training.

PCWA State Showjumping Championships

Orange Grove Rider's had a Fantastic weekend at Pony Club WA State Showjumping Championships this year. Our small but mighty team consisting of Suné Snyman, Hailey Snyman, Shannon Meakins, Tatum Hand, Madison Kain and Ella MacGregor put in an amazing effort. Congratulations!!

A special mention to Ella and Lloyd as Lloyd was the only standardbred competing at this year's states!



Suné Snyman

3rd 80cm Super Two phase
2nd 90cm Super Two phase
5th 80cm AM7
2nd OTT award

Hailey Snyman

1st Take your own line 60cm

Madison Kain

2nd Take your own line 70cm

Shannon Meakins

3rd Take your own line 70cm
2nd 70cm special two phase
1st 70cm AM7



PCWA State Showjumping Championships



Containers for Change Program



Orange Grove Pony Club have registered to receive donations from the Containers for Change Program

Our Club's Scheme ID is C10240496

We will have at the grounds on our Club Days (e.g. Rallies and Events) a dedicated bin where you may drop your containers in for recycling and these will be taken to a refund point for processing.

Otherwise, you can use the Clubs number "C10240496" at any refund point to make a donation towards the Club 😊



✓ ELIGIBLE CONTAINERS



We are raising money to have a cold-water drink fountain installed at the club to reduce our reliance on bottled water.

To do this we are collecting cans and bottles for recycling through the new containers for cash scheme.

We still have a long way to go to reach our goal of \$3,200. Don't forget to keep saving those containers at home and deposit them at your nearest refund point using the club's number! 😊

2023 Pony Club WA Go For 2&5 Race Around the State (RATS)

FOR BIGGER AND LONGER BURSTS
OF ENERGY "GO FOR 2&5" EVERYDAY!



Did you know you can help our club win some awesome prizes just by participating in some simple **Go For 2&5** activities? You could also win yourself a 'Spot Prize' along the way!

What is the Go For 2&5 Race around the State? It is a program run by **Pony Club WA** and **Go For 2&5** to encourage healthier eating amongst pony club communities. When you gain points for the club, they are portrayed as 'kilometres,' the club with the most points at the end of the year wins the race and some incredible prizes!

How do I gain kilometres for OGHPC in the Go For 2&5 Race around the State? There are many simple ways to help boost the club's km's. Just some of these ways include:

- Attending rally – One way every member has contributed to past races without even realising it!
- Attending State Championship Events – Active Riding, Dressage, Eventing, Show jumping and Tetrathlon.
- Registering for Pony Club WA Leaderboards - You can register for these at <https://www.ponyclubwa.asn.au/leaderboards/>
- Sending a copy of the Newsletter to Pony Club WA – Well, that's actually my job!!
- Participating in the Go For 2&5 Monthly Quiz – These will be emailed out to you, they are super fun, simple questions.
- Creating and submitting delicious, healthy recipes – Information about this will also be emailed out to you. There are also saddle blankets on the line for this one!

As you can see, there really is a way for everybody to help out. Have you seen our super cool 'Go For 2&5' Jump? Or even jumped it yourself? That jump was won by our club in a previous race! If we all chip in and do our bit it is so exciting to think of what we could win in 2023! I can't wait. 😊 🍏 🍌 🥬 🥕



Safety Reminder -

OGHPC members

Don't be an easy target. Lock your car, take your valuables or do not leave them uncovered in your cars.

Rally Timetable

- ❖ 8:00am - Gates Open
- ❖ 8:20am - Morning Meeting
- ❖ 8:40am - Set up allocated arenas
- ❖ 9:10am - 10:00am - Lesson 1
- ❖ 10:10am - 11:00am - Lesson 2
- ❖ 11:10am - 12:00pm - Lesson 3
- ❖ 12:05pm - Pack away arenas
- ❖ 12:30pm - Lunch
- ❖ 1:30pm - Afternoon Session



Up & Coming - 2023

June

- ❖ 4th - PCWA Festival (Venue TBA)
- ❖ 5th - Metro Zone Show jumping Fun Day (Darling Range HPC)
- ❖ 11th - OGHPC Dressage and Show Jumping Series 2
- ❖ 18th - OGHPC Rally 4

July

- ❖ 7th-9th PCWA State Dressage Championships (State Equestrian Centre)
- ❖ 16th - Rally 5
- ❖ 23rd - OGHPC Dressage and Show Jumping Series 3

August

- ❖ 5th-6th - Pony Club WA State Active Riding Qualifier (Avon Valley Pony Club)
- ❖ 13th - Rally 6

EAT THE COLOURS OF THE RAINBOW!

Each fruit and veg has different powers to help your body grow big and strong, Go for 2&5!



Birthdays

June	July	August
6 th Harriet Ward	7 th Taryn O'Keefe	25 th Ella MacGregor
	9 th Danielle Knight	25 th Sophie Dagnall
	10 th Morgan Falls	27 th Harpa Byrne
	24 th Ashleigh Ralston	
	25 th Jessica Hamerton	
	27 th Iris-Jean Dunn	



Tip of the Month

Every month there will be a tip posted here to help remind riders and parents about some of the rules that need to be followed at rallies.

Tip #4

Please remember all riders must present to their instructors unmounted at the beginning of each session.

Committee 2023

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