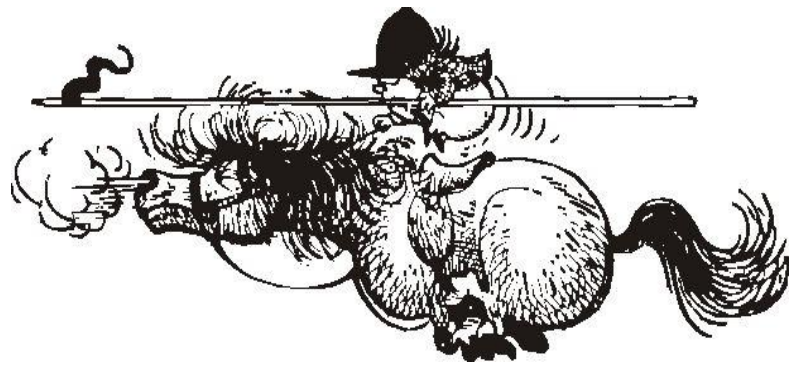


# Orange Grove Horse & Pony Club News



DATE: August 2022

by Danielle Knight

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## Welcome to Orange Grove Horse & Pony Club!

### Welcome!

What a busy month it has been for some of our riders. It has been great to see all the exciting things that our riders have been up to. Congratulations to all our members who competed at the State Dressage Championships, it looks like all of your hard work paid off. It was also great to see our members getting to try different activities at our rally including some active riding and jumping out on the cross-country course. It was also good to see some our committee members and parents having some fun and learning some valuable information at the advanced first aid course. Looking forward to seeing what our members get up to within the next few months 😊



**Above:** Hailey and Mickey having some fun riding at home



**Above:** Jessica and Duke having fun together during their cross-country session

# Out and About - Rally

## Achievements!

Congratulations to:

- Aleska Wearne for your continued dedication to progressing with your riding skills and for always going the extra mile to care for Bertie.
- Ava Stephens for progressing with your horse care skills (learning to put on and take off the bridle), cantering on Shilo on your own with the correct leads when jumping.
- Bryanna Whelan for trying very hard to keep Sparky moving. Great kicking!
- Chloe Roberts for riding Maz so well in your flatwork lesson. You kept him in a consistent rhythm for the whole lesson.
- Hailey Snyman for looking after one of our new members after her horse got a bit scared.
- Makayla Roberts for doing so well in your jumping lesson. You were so confident taking Herbie over the jumps.
- Olivia Stephens for learning to canter Shilo without any hands on a long rein, picking up the correct canter leads and riding 5 x 30cm cross jumps one after the other in canter.
- Sunè Snyman for showing perseverance by getting back on Eddie after a big fall and finishing up your lesson at rally.

Well done to all riders 😊



**Above:** Sunè and Eddie attempting some games during their active riding session with coach Dan



**Above:** Hailey and Mickey having some fun in the water jump during their cross-country session

# Out and About



**Above:** Sunè and Mickey riding a beautiful dressage test at Gidgegannup ODE



**Left:** Abby and Sunny having a great time during their jumping lesson



**Above:** Hailey and Mickey doing a fantastic job during their jumping lesson at home



**Above:** Sunè and Eddie jumping well during their 80cm round at Gidgegannup ODE



**Above:** Abby enjoying some lunch with her friends after their bush ride together



**Above:** Hailey and Mickey having some fun together cantering at home

# Out and About



**Above:** Shannon and Ticket jumping well at the Perth Horse Trials where they placed 5th in their EVA65 class



**Above:** Hailey and Mickey riding well together during their jumping lesson



**Left:** Abbey and Axel completed their first Hickstead together at Peel where they completed a clear round and finished in 4<sup>th</sup> place.



**Above:** Abby and Sunny enjoying their trip to Dunsborough for the school holidays where they went on a peaceful bush ride with friends



**Above:** Sunè and Mickey celebrating their win in the 65cm class at Wooroloo ODE

# PCWA State Dressage Championships

This year Orange Grove HPC was represented by a team of 8 riders at the Pony Club WA State Dressage Championship held at the State Equestrian Centre, Brigadoon on the 5<sup>th</sup> - 7<sup>th</sup> of August. These riders were Aleska Wearne, Harpa Byrne, Madison Kain, Sarah Little, Shannon Meakins, Sophie Dagnall, Sunè Snyman and Teagan Christie.

## Aleska Wearne

- Novice 2B Test & Plunkett teams (14 - 16 years) with Harpa Byrne and 2x composite riders
- Prix Caprilli (Club pairs dressage test with jumps) with Madison Kain
- Pas de Deux Ponies (pony pairs 14.2hh & under) - 8<sup>th</sup> place with Madison Kain
- Novice 2B Test (8 -13 years)

## Harpa Byrne

- Preliminary 1A Test & Plunkett (10 years & under) with Aleska Wearne and 2x composite riders
- Prix Caprilli Preparatory (dressage test with jumps)
- Preliminary Freestyle (10 years & under)



## Madison Kain

- Prix Caprilli (Club pairs dressage test with jumps) with Aleska Wearne
- Preliminary 1A Test & Plunkett (10 years & under)- 6<sup>th</sup> individual and 7<sup>th</sup> team with Sophie Dagnall, Sunè Snyman and Sarah Little
- Pas de Deux Ponies (14.2h & under) - 8<sup>th</sup> place with Aleska Wearne



## Sophie Dagnall

- Preliminary Freestyle (11 -13 years) - 13<sup>th</sup> in freestyle and 1<sup>st</sup> place for costume
- Preliminary 1B Test & Plunkett (11 - 13 years)- 10<sup>th</sup> place individual and 7<sup>th</sup> place team with Madison Kain, Sunè Snyman and Sarah Little
- Prix Caprilli (Club pairs dressage test with jumps) 1<sup>st</sup> place with Sunè Snyman



## Sunè Snyman

- Novice 2B Test & Plunkett (14 - 16 years)- 10<sup>th</sup> place individual and 7<sup>th</sup> place team with Madison Kain, Sophie Dagnall and Sarah Little
- Prix Caprilli (Club pairs dressage test with jumps) 1<sup>st</sup> place with Sophie Dagnall
- Pas de Deux Ponies (pony pairs 14.2hh & under) - 3<sup>rd</sup> place in test and 1<sup>st</sup> place in costume with Shannon Meakins
- Wanda Nelson (Club Pairs -14.2h & under) - 4<sup>th</sup> place with Shannon Meakins
- Novice 2B Test (8 -13 years)



# PCWA State Dressage Championships Continued

## Sarah Little

- Novice 2C Test & Plunkett (17-24 years)- 7<sup>th</sup> place team with Madison Kain, Sophie Dagnall and Sunè Snyman
- Zone Teams Challenge -Novice 2C - 4<sup>th</sup> place team with Shannon Meakins, Teagan Christie and Mia Death (Wallangarra)

## Shannon Meakins

- Preliminary Freestyle (17 - 24 years) - 3<sup>rd</sup> place in freestyle and 2<sup>nd</sup> place in costume
- Harrison: Novice 2A - 4<sup>th</sup> place individual and 4<sup>th</sup> place team
- Novice 2C Test & Plunkett (17-24 years) - 11<sup>th</sup> place
- Pas de Deux Ponies (pony pairs 14.2hh & under) - 3<sup>rd</sup> place in test and 1<sup>st</sup> place in costume with Sunè Snyman
- Wanda Nelson (Club Pairs -14.2h & under) 4<sup>th</sup> place with Sunè Snyman
- Zone Teams Challenge -Novice 2C - 6<sup>th</sup> place individual, 4<sup>th</sup> place team with Sarah Little, Teagan Christie and Mia Death (Wallangarra)
- Preliminary 1C Test (17 -24 years)- 3<sup>rd</sup> place



## Teagan Christie

- Harrison: Elementary 3A - 2<sup>nd</sup> individual, 4<sup>th</sup> team
- Zone Teams Challenge -Elementary 3C - 4<sup>th</sup> place team with Sarah Little, Shannon Meakins and Mia Death (Wallangarra)
- Elementary 3B Test (8 -16 years)
- Medium 4B Test (8 -24 years)



**Above:** Shannon and Sunè smiling at presentations for the Wanda Nelson class



**Above:** Madi and Aleska concentrating hard during their freestyle performance

# PCWA State Dressage Championships Photos



**Above:** Shannon and Ticket looking fantastic in their Barbie Swan Lake costume



**Above:** Sophie and Rose looking terrific in their Pink Panther costume



**Above:** Harpa and Lottie looking great in their Eleven and Demogorgon costume from the tv show Stranger Things



**Above:** Harpa and Lottie looking beautiful during their dressage test



**Above:** Shannon and Sunè looking great in their Mamma Mia costumes



**Left:** Madi and Aleska looking amazing in their Trolls costume

**Right:** Sophie and Sunè celebrating after riding a great test



# PCWA State Dressage Championships Photos Continued



**Above:** Shannon and Sunè riding well together during their Wanda Nelson test



**Above:** Sunè and Sophie being awarded the M'liss Henry Prix Caprilli award after achieving the highest score in the class



**Above:** Madi and Barney riding a beautiful dressage test together



**Above:** Sophie and Sunè smiling after a good day



**Above:** Shannon and Sunè celebrating after riding a good test together



# CPR First AID HLTAID014 Advanced First aid course

On the 27<sup>th</sup> of August, the Metropolitan Zone organised and held an advanced first aid course at Karinya Equestrian Centre. This was to support clubs within our zone with having enough members with the correct first aid qualifications to continue running their club events.

Here is how their day went:

"What a fantastic day we had at the CPR First AID HLTAID014 Advanced First aid course today held Karinya Equestrian Park! A very intensive course requiring around 10 hours of online training combined with a full day in classroom, our 15 participants from all clubs within Metro Zone gained so much from the day, and importantly, the necessary qualifications to assist their clubs going forward with their medical first aid requirements for rallies and events.

We are grateful to Pony Club WA for providing a grant to assist with the funding of the course. All participants also contributed towards the costs; the majority funded by Metro Zone.

Well done to everyone, it was a great day and we are very proud of your commitment to your clubs"



# 2022 Pony Club WA Go for 2&5 Race Around the State (RATS)

CLUB	KMS	PLACING
Orange Grove Horse & Pony Club	930	1st
King River Pony Club	460	2nd
Moonyoonooka Horse & Pony Club	410	3rd
Gidgegannup Horse & Pony Club	340	4th
Albany Pony Club	310	5th

Update as of 18.08.2022



Well done to all our members for contributing and collecting points for our club 😊

By participating you are helping our club to win one of these brilliant prizes

- 1<sup>st</sup> place - Go for 2&5 Jump Set
- 2<sup>nd</sup> place- Dressage Arena Letters
- 3<sup>rd</sup> place- Water Coolers

### How can you help to contribute points?

- Attending our OGHPC rallies
- Attending State Championship Events
- Attending the Speed to Safety events
- Participating in the GF25 Fuel to Go and Play online training modules (200 points for every module + a bonus 500 points if all modules are completed)
- Entering the GF25 Recipe Competition (100 points)
- Completing the monthly health quiz (50 points)

For more information visit the Pony Club WA website: <https://www.ponyclubwa.asn.au/>

Located under the participate tab and then look for Go for 2&5 Race Around the State

# Go for 2&5 Healthy Recipe Competition - July

## GO FOR 2&5 JULY RECIPE COMPETITION WINNERS!

### BELLA BERGER

Albany  
Pony Club

Recipe:  
**BELLA'S  
SMOOTHIE**

### CLARE GRAHAM

Moonyoonooka  
Horse and Pony Club

Recipe:  
**PIZZA  
WRAPS**

### HANNAH GRAHAM

Moonyoonooka  
Horse and Pony Club

Recipe:  
**BLUEBERRY BANANA  
ICE CREAM**

### LILLY DEL SIMONE

Orange Grove  
Horse and Pony Club

Recipe:  
**LILLY'S QUICK & EASY  
BANANA TREATS**

Congratulations to Lilly DelSimone for entering the July Healthy Recipe Competition with her recipe being selected as one of the winners.

Well done to all of our members who also entered the competition. It is great to see everyone supporting the club in the Race Around the State Competition.



Lilly chose to share her recipe of quick and easy-banana treats

If you would like to have a go at making this, you can find the link to the recipe below:

[Lilly's Quick & Easy Banana Treats Recipe - Lilly Del Simone](#)

**RECIPE NAME:** Lilly's quick & easy banana treats

**CHEF'S BIO:**

\*8 yrs old

\*Love my ponies- Mia, Trinket and Splash

\*Orange Grove horse & pony club

**Chef Name:** Lilly    **Serves:** 1    **Prep time:** 5mins    **Cook time:** \_\_\_\_\_

INGREDIENTS	DIRECTIONS
*1 Banana	cut banana down the middle.
*peanut butter	put peanut butter on
*choice of toppings	_____
-nuts	_____
-rolled oats	sprinkle with whatever healthy toppings you love
-dried fruit	_____
-coconut	_____
-berries	_____
-anything you like!!!	_____
_____	_____
_____	_____
_____	_____

**Why is this recipe special to you?**

I like the banana snacks because i can make them by myself and i get to choose what i put on top. they are Yum!

**What's in it that's healthy and why?**

Bananas are very good for you, they give you lots of energy.

# Containers for Change Program



Orange Grove Pony Club have registered to receive donations from the Containers for Change Program

Our Club's Scheme ID is C10240496

We will have at the grounds on our Club Days (e.g. Rallies and Events) a dedicated bin where you may drop your containers in for recycling and these will be taken to a refund point for processing.

Otherwise, you can use the Clubs number "C10240496" at any refund point to make a donation towards the Club 😊



ELIGIBLE CONTAINERS

# Where do I find competitions to enter?

Sometimes it can be quite stressful to plan which competitions, training days and competitions to enter for the year as there is just so many to choose from and you often do not know where to start looking. We asked some of our club members on their opinions of what their recommended websites are. Here is what they suggested:

- ❖ Cavalletti - <https://www.cavalletti.com.au/event/>
  - Good for finding a range of events, training days and clinics
  - Unfortunately, Cavalletti is just an advertising forum for events but if you click on the event you are interested in and look under the forms section, it will usually have a link to either the entry form or programme.
- ❖ Equestrian Western Australia - <https://www.wa.equestrian.org.au/events/calendar>
  - Good for finding dressage, showjumping, eventing and show horse events
  - Some events listed on this website may require rider to have an Equestrian Australia (EA) Membership if they do not offer pony club classes.
- ❖ Global Entries - <https://www.globalentriesonline.com.au/>
  - Good for finding dressage, showjumping, eventing and show horse events
  - When on the home page, click on the view events button and then filter the calendar to Western Australia and the desired discipline
- ❖ JustGo (My Pony Club Portal)
  - once you are logged in, click the events, courses, and shop link at the top and filter the events you are looking for
- ❖ Ktrials - <https://www.ktrials.com.au/wp3EventSelect.aspx>
  - Good for finding eventing competitions (ODEs)
  - This will contain a mixture of Pony Club and Equestrian WA events
- ❖ Nominate - <https://www.nominate.com.au/equestdn/Nominate.aspx>
  - Good for finding a range of events, training days and clinic
- ❖ Pony Club Western Australia - <https://www.ponyclubwa.asn.au/calendar/>
  - Good for finding a range of Pony Club events
  - Unfortunately, the Pony Club WA website is just an advertising forum for events.
  - If it is an event organised by a pony club, it is recommended that you refer to that pony club's website or Facebook page for further details on how to enter
  - If it is an event organised by a state committee, it is recommended that you look under the ride tab on the Pony Club WA website and click on the desired discipline to find information on how to enter the event

## Safety Reminder -

OGHPC members

Do not be an easy target.  
Lock your car, take your  
valuables, or do not leave  
them uncovered in your cars.

## Rally Timetable

- ❖ 8:00am - Gates Open
- ❖ 8:20am - Morning Meeting
- ❖ 8:40am - Set up allocated arenas
- ❖ 9:10am - 10:00am - Lesson 1
- ❖ 10:10am - 11:00am - Lesson 2
- ❖ 11:10am - 12:00pm - Lesson 3
- ❖ 12:05pm - Pack away arenas
- ❖ 12:30pm - Lunch
- ❖ 1:30pm - Afternoon Session



## Up & Coming - 2022

### September

- ❖ 3<sup>rd</sup> - 4<sup>th</sup> Pony Club WA State Active Riding Championships (Serpentine Pony Club)
- ❖ 11<sup>th</sup> - OGHPC Rally 7

### October

- ❖ 2<sup>nd</sup> - OGHPC Rally 8
- ❖ 8<sup>th</sup> - 9<sup>th</sup> Pony Club WA State Eventing Championships (Murray Pony Club, Coolup)

### November

- ❖ 6<sup>th</sup> - Pony Club WA State Hickstead Championships (Dardanup Pony Club)
- ❖ 13<sup>th</sup> - Orange Grove Pony Club vs Adult Riders Challenge

**FOR BIGGER AND LONGER BURSTS  
OF ENERGY "GO FOR 2&5" EVERYDAY!**



## Birthdays

### September

- 11<sup>th</sup> Chelsea Willock
- 15<sup>th</sup> Harmony Dumbreck
- 18<sup>th</sup> Charley Leeson
- 22<sup>nd</sup> Abbey Rowe

### October

- 6<sup>th</sup> Shannon Meakins
- 20<sup>th</sup> Bryanna Whelan
- 23<sup>rd</sup> Sarah Little

### November

- 4<sup>th</sup> Hailey Snyman
- 4<sup>th</sup> Madison Kain
- 23<sup>rd</sup> Dana Greenwood



## Tip of the Month

Every month there will be a tip posted here to help remind riders and parents about some of the rules that need to be followed at rallies.

### Tip #7

Change to sizing of stirrup irons

Due to Pony Club WA now following the national gear check rules, one of the changes that has been made is the decreased size required for stirrup irons. The new rule is *there should be a minimum of 1.5cm and maximum of 2cm gap between the widest part of the rider's boot and the stirrup.*



## Committee 2022

### President

Vice President Senior

Vice President Junior

Secretary/Treasurer

Chief Coach

Uniforms

Riders Reps

Canteen

General Committee

Club Newsletter

Erin Kelty

Nicole Christie

Angela Whelan

Sue Greenwood

Ebony Kain

Carly Dagnall

Dana Greenwood

Danielle Knight

Liz Barrett

Dina Snyman

Karen Pinto

Tina Thompson

Mez Telfer

Danielle Knight

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